



# MAKING CONNECTIONS 5KM



## Information Pack

5km Walk or Run | 7.00 pm start | Iconic Route

[makingconnections5k.co.uk](http://makingconnections5k.co.uk)



# MAKING CONNECTIONS 5KM

**Event Date:**  
**03rd June 2026.**

**Event Start time - 7.00 pm**

**Participant check-in open from - 6.00 am**

**Start location - Paternoster Square, London**

**Walkers Start - 7.00pm | Runners Start 7.15pm**

We are really delighted that you are taking part in the Making Connections 5k in June 2026.

We're looking forward to seeing you back on the streets of London, spreading the summer cheer!

The route is largely traffic-free and takes you past some of London's most iconic landmarks, across majestic bridges, and along hidden paths on both sides of the river.

All you need to know is in this participant information pack. Please read it carefully and keep it where you can access it easily on the day of the event.

Best wishes,

The Making Connections 5k team

[info@tfaevents.co.uk](mailto:info@tfaevents.co.uk) | 0333 4441189



# MAKING CONNECTIONS 5KM

## On the day of the event

On the day of the Making Connections 5k, you will need to do three things to ensure you have the best experience. They are:

- Collect your Making Connections 5k participant number from 11.30 am at Arup HQ.
- If you are collecting yours on the day of the event, you can also collect them from Paternoster Square, next to St Paul's Cathedral in the City of London. The collection point is open from 4.00pm - 7.00pm.
- On the day of the event, you must check in. You can do this by scanning the QR code on your participant number.

- Bag Drop - This event does not have a bag drop so please travel light.
- Event Timing - This event is not timed, and the distance is 5km.
- Children (U18s) are not permitted to take part but can watch.





# MAKING CONNECTIONS 5KM

## Assembly Point Paternoster Square in The City of London

The Making Connections 5km will start at 7.00 pm (Walkers) & 7.15pm (Runners)

Participant assembly point:

On the day of your event, all participants should go to the assembly point 10 minutes before the start of the event.

The Making Connections 5k assembly point is located in [Paternoster Square](#) in the City of London, just by St Paul's Cathedral.

There are plenty of pubs, cafes, bars, and restaurants in the local area if you do arrive early.

Please note that late arrivals may be refused entry into the event, so do let us know if you are going to arrive late.

Marshalls will direct you to the start line, and will be dotted all along the course to ensure that you are supported every step of the way!

Our First Aid and water stations are situated by the start/finish line.



# MAKING CONNECTIONS 5KM

## The Route

### Iconic landmarks & hidden paths in a festive atmosphere!

This year, Making Connections 5k begins in Paternoster Square just by the majestic St Paul's Cathedral. You will then go along the Embankment, where there will be fantastic river views, crossing the Thames via Blackfriars & Westminster Bridge.

The route will also take you along the Thames path past Shakespeare's Globe, Tate Modern, over the Millennium Bridge, the London Eye & Big Ben.

You will be also able to enjoy breathtaking views of St Paul's Cathedral, before finally returning to the festive spirit in Paternoster Square, to complete this iconic 5km route and pick up your Making Connections 5k Medal.



Walkers start - 7.00pm | Runners Start - 7.15pm



# MAKING CONNECTIONS 5KM

## General Information

### Answering your questions...

Where can I collect my Making Connections 5k participant number from?

You can collect it from Arup or Paternoster Square, City of London, on the day of the event.

What do I do if I can't make the event?

Please let us know by email ([info@tfaevents.co.uk](mailto:info@tfaevents.co.uk)) before the start of the event, and we will defer your place to one of our future events.

What if I am going to arrive late?

Contact the TFA Events Team hotline (0333) 4441189 before the start and leave a message stating your name, and we will do our best to accommodate you at a later time.

What facilities are available at the start & finish line?

There are cafes, bars, and restaurants in Paternoster Square, which is the event start and finish point.

Is there a bag drop?

Unfortunately, due to security reasons and the advice of the local council, the London Metropolitan Police, and our security teams, we are unable to have a bag drop. So please do travel light, as any bags that are left unattended may be removed and or destroyed.

More information at [www.Making\\_Connections\\_5k.co.uk](http://www.Making_Connections_5k.co.uk)